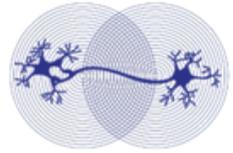


2023 -24



BAPU TRUST FOR RESEARCH
ON MIND & DISCOURSE

ANNUAL REPORT

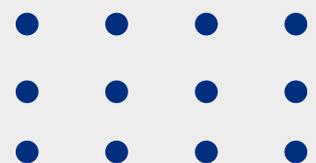


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MESSAGES FROM THE BOARD OF TRUSTEES

In 2023–2024, our priority at Bapu Trust was to strengthen financial systems so that our growing programs had a stable and accountable base. We introduced better planning tools to match spending with activities and timelines, helping us avoid delays and manage resources more effectively. Regular financial reviews and internal checks ensured that funds were used responsibly and in line with donor requirements.

We also made progress in diversifying our funding sources. Along with long-term donors, we began building connections with CSR partners and individual contributors, which is an important step toward greater financial sustainability. Transparent reporting, timely audits, and compliance with all statutory requirements remained at the core of our work, reinforcing trust with our stakeholders.



- Ms. Deepa Athani



In 2023–2024, Bapu Trust expanded its programs and deepened its impact in marginalized communities. Our work with grassroots women leaders in Saswad and other regions demonstrated the power of local leadership in advancing mental health awareness.

This year, we actively worked to enhance the organization's presence in public spaces through awareness seminars, workshops, and donor events. These efforts not only created stronger support networks but also brought mental health inclusion into broader conversations in society. I remain deeply committed to building visibility for our cause and ensuring that Bapu Trust's voice is heard in spaces that shape social change.

- Ms. Sumangala Kumar

India's mental health system bears a colonial legacy of outdated laws, asylums, and policies that prioritise control over care, further deepened by displacement, inequality, and expanding institutions. The Bapu Trust challenges this mindset through community-based approaches that affirm dignity, inclusion, and rights, rooted in new ethic of collective responsibility where happiness and well-being are fundamental human rights.

ABOUT US

The spirit of work comes from Bapu herself—a woman of spirituality, poetry, and resilience. She was punished with incarceration and invasive treatments for breaking social roles, her devotion dismissed as “madness.” Her suffering became a turning point for her children, especially Bhargavi, who founded Bapu Trust to reimagine mental health with dignity, inclusion, and respect for the grey spaces between madness, creativity, spirituality, and pain. Dreaming forward, we envision a world where well-being is holistic, healing is non-violent and creative, and people recover through choice, play, and self-directed care.

VISION

We want to see a world, where emotional well being is experienced in a holistic manner, and not just as ‘mental disease ‘. We dream of healing environments where every person uses their own capacity to make choices, heal themselves, recover and move on. Recovery methods will be creative, non-violent, non- -hazardous and playful.

MISSION

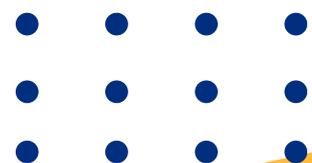
We create, pilot and monitor community inclusion programs. Such programs enable the autonomy and independence of persons living with mental health issues and psycho-social disabilities. We work towards linking people with Development services. Programs aim to expand on the aspirations and potential of communities, to strengthen resilience and opportunities for pursuit of happiness. Our program provides modular interventions to address a matrix of psychosocial needs by providing choice. We advocate to change the structural, social, legal and policy environment, so that they remain human rights compliant, just and fair to people with a psycho-social disability. We strive to create enabling environments for people with psycho-social disabilities where they can realize all their human rights without barriers (guided by the Convention on the Rights of persons with disabilities).

HIGHLIGHTS OF THE YEAR

- **Strategic Partnerships:** Strengthened ties with funding partners (Paul Hamlyn Foundation, Mariwala Health Initiative, Wipro Foundation, Raintree Foundation), academic partners (MIT World Peace University, Ajeenkya D Y Patil Institute, Abeda Inamdar Senior College), technical partners (TCI Global, SNEH Foundation), strategic partners (The Foundation for Universal Responsibility), as well as technical consultants and cohort organizations.
- **C20/G20 Contribution:** Actively engaged in the Civil20 Gender Equality & Disability Working Group, submitting policy recommendations and showcasing BT as a good practice in psychosocial disability inclusion.
- **Webinars & Talks:** Managing Trustee spoke on “Creativity, Innovation and Mental Health”, supported by Raika Godrej Family Trust and Asia Society India Centre (video).
- **International Engagements:** Represented BT at the Indo-U.S. Partner Summit (New York), Kathmandu workshop with TCI, and contributed to CAP India’s research on psychosocial community models and the MHI partnership review study.
- **Community Models & Arts-Based Therapy:** Presented “Giving Power Back to the People” at the Red Door event and conducted an Arts-Based Therapy orientation (video).
- **Fairs & Consultations:** Participated in Ishanya Foundation’s 16th Yellow Ribbon NGO & Artisan’s Fair and UNICEF South Asia’s Disability Inclusion Policy consultation.
- **Academic Engagements:** Delivered a Sector Talk on Mental Health and Disability at Azim Premji University (2 Dec 2023).

HIGHLIGHTS OF THE YEAR

- **Invitations & Workshops:** Invited by UNICEF, ILO, CICF, and Keystone Human Services International. Conducted community-based workshops, including a 2-day orientation in Washim District (Feb 2024) for government and NGO representatives on disability rights, UNCRPD, and inclusion strategies.
- **Global Advocacy & Publications:** Engaged with TCI Global and, through TCI, contributed to two papers for a CBM Global volume on psychosocial disability inclusion and deinstitutionalisation, supported by DFAT (Australia), the Nossal Institute, and CBM's Inclusion Advisory Group.
- **Workplace Mental Health:** Invited by Charis India Care Foundation to conduct a session on "Mental Health at the Workplace and Stress Management" (28 Feb 2024).
- **CSR Engagement:** Presented at the Raintree Foundation CSR Confluence (28 Feb 2024, Pune), building visibility for BT's work and forming new CSR connections.
- **Inclusive Care Reform:** Participated (online) in an interactive session on inclusive care reform organised by Keystone Human Services International, Hope and Homes for Children, CINI, and The Hans Foundation, supported by USAID. The session (5 Mar 2024) informed the Children and Families Together (CAFT) project and included perspectives on children with disabilities and LGBTQI+ youth; participation was facilitated by TCI.



SEHER - COMMUNITY MENTAL HEALTH AND INCLUSION PROGRAM (CMHIP)

The Seher program is rooted in **psycho-social entrepreneurship**, “multiplying emotional resources through community participation” to ensure inclusion of people with diverse needs. It strengthens neighborhood psychosocial support networks, partners with government and community actors, and prepares grassroots communities to care for persons with psychosocial disabilities. Services are delivered through a two-tier system: home-based support by non-formal caregivers and formal services including referrals, social services, clinical and AYUSH care.

Using the Mental Health Spectrum and an Eight Point Recovery Framework, Seher provides holistic, rights-based, and zero-coercion interventions that promote recovery, dignity, and participation. A strong focus on lived experience, continuous monitoring, staff well-being, and policy advocacy makes Seher a dynamic, community-driven model for inclusive mental health and development.



The **Eight Point Recovery Framework of the Seher program** is a locally developed, evidence-informed model that guides the recovery journey of persons with psychosocial disabilities. It addresses wellbeing through eight domains: self and self-care, nutrition for mental health, inclusion actions, family and community engagement, peer support, building individual strengths and resilience, access to comprehensive health and wellbeing services (including indigenous medicine), and enhancing social capital.

Grounded in the **principles of “zero coercion” and CRPD compliance**, it strengthens support systems through peer & group support, family negotiation, crisis care, & circles of care within communities. Central to this approach is the recognition of lived experience—employing & engaging “experts by experience” at every level—to ensure dignity, participation, & recovery that is person-led and community-driven.

CMHIP - OUR IMPACT

Activity	April 23 To March 24
Clients served	175
Community Mental Health Volunteers (CMHVs)	10

Self Care sessions	1327
Nutrition sessions	470
Family sessions	159
Home visits for Therapeutic Group participants	366
Barefoot Counselling sessions	1417
Health care sessions	1272
Social/Livelihood Support	445
Sessions for Client Inclusion	211
Client Referral for various schemes	1255

Outreach through Awareness Activities

Activity	April 23 To March 24
Outreach (no. of people) through Awareness activities	22580
Awareness activities/meetings and Events	2472

STORIES OF CHANGE

(NAME HAS BEEN CHANGED FOR CONFIDENTIALITY PURPOSE)

Nikita is a 58-year-old woman residing near Dwi centre. She is married and has studied till class 1st. She comes from the Gosavi community and lives in a rented house. She came to our centre herself and was identified for support.

She reported experiencing symptoms such as persistent itching and irritation, increased blood pressure, and headaches. These issues were also confirmed during field visits to her home. During assessments, Nikita shared feelings of worthlessness, low interest in daily activities, sadness, and difficulty concentrating or working as she used to. She connected her mental health struggles to her socio-economic background, noting her family's financial hardships and low educational levels. She expressed concerns that if her family members, especially her son, had better education, they might have improved livelihood opportunities. Currently, she bears the responsibility of feeding and caring for her family and grandchildren without any support.

An intervention plan was developed to address her needs holistically. Key components included creating a safe space for her to share and feel validated during individual counselling sessions, providing nutritional support through referrals, and advising dietary modifications to help manage her blood sugar.



She was introduced to activities such as belly breathing, relaxation techniques, visualisation exercises, and positive thinking to help her manage stress and improve her mental well-being.

Healthcare support was prioritised, including referrals for her knee pain and provision of a nutrition kit. This brought her relief and helped with her mobility. She was guided to recognise physical sensations linked to stress and pain, which improved her ability to relax and sleep better.

Progress was seen as her knee pain reduced, allowing her to walk to physiotherapy appointments at Sonawane Hospital. Family counselling sessions involved working with her son to encourage him to support her financially and take responsibility for his mother's well-being. Overall, the support aimed to enhance her physical health, mental health, social support, and economic stability, contributing to her improved quality of life.

STORIES OF CHANGE

(NAME HAS CHANGED FOR CONFIDENTIALITY PURPOSE)

Yunus is 40 years old. We identified him in one of our awareness meetings in his community. During the registration, we realised that he is paralysed. One of his arms and legs do not work. This made him very tense and angry. He also thought of ending his life and struggled with what to do with his life.

After few days, he told us about how he was paralysed. He suffered a stroke at home and since then one of his arms and legs do not work. He shared how he has felt useless all this while.

We started working with him and built a relationship. It included some self-care sessions in line with his current needs. We explained him why self care sessions are important and also counselled him to make him understand his value for his family. He started taking self-care of himself. We also ensured to get him a disability certificate. This helped him to start his business.

He was also sent to some institution for therapy, as a result of which his physical health improved. He also got support from his family. They received some help for food through social welfare schemes. Yunus also got some financial help for education.



Now Yunus is healthy and exercises everyday at home. He is currently doing his work and maintaining his self-care routine like eating properly, sleeping on time etc. Now he isn't taking any trainings. His physical and mental health is also good. He is growing every day. He is capable and is trying to start a new job. He is engaging nicely with his family at home. He is respected and expresses his opinion at home with everyone.

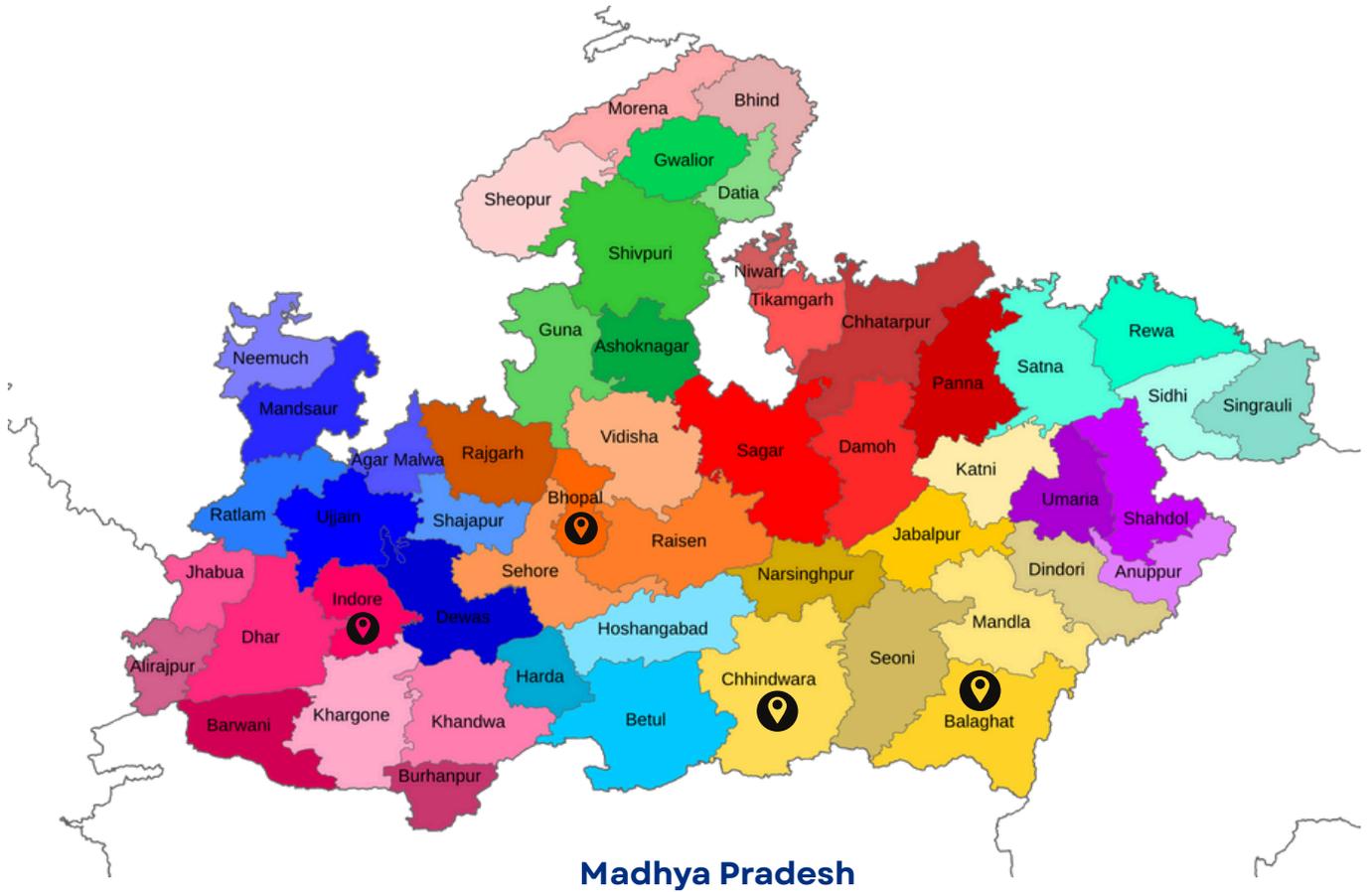
PROGRAM FOR INCLUSION (PFI)

Bapu Trust, through its Partnerships for Inclusion (PFI) program, collaborates with NGOs working in development at grassroots levels and development agencies to build capacities on psychosocial health and wellbeing. The training vertical equips communities, organizations, and individuals with skills for inclusive caregiving, self-care, and supporting persons with psychosocial disabilities in regaining autonomy, aspirations, and dignity. Drawing on over a decade of experience with CRPD and Community-Based Inclusive Development (CBID) models, Bapu's trainings are adaptable, diverse, and context-sensitive—covering human rights, development linkages, and psychosocial service delivery. Established to spread its vision across states, the Asia Pacific, and among policymakers, the program carries forward Bapu's core belief: creating healing environments that are inclusive, creative, non-violent, and respectful of each person's autonomy.



Vikalp Samajik Sanstha (VSS)
विकल्प सामाजिक संस्था





MP: Bhopal, Barwani, Indore, Pandhurna - Chhindwara

CHHTT: Raipur, Bilaspur, Bastar, Sukma



OUR PARTNER - COMMUNITY DEVELOPMENT CENTRE

Established in 2000, the Community Development Centre (CDC) has been working across Madhya Pradesh to promote sustainable development through programs in livelihood, governance, health, and natural resource management. With deep experience in working with tribal communities, CDC has addressed socio-economic challenges through grassroots interventions. Since 2021, CDC has partnered with the Bapu Trust under the Program for Inclusion, integrating mental health and psychosocial well-being into its community development work. It has localised psychosocial health models to fit the cultural realities of tribal communities, particularly the Baiga community in Balaghat.

KEY ACTIVITIES

- Implemented pilot psychosocial programs in Balaghat, including barefoot counselling and awareness activities.
- Adapted the Seher Program to tribal contexts, addressing cultural and geographical challenges.
- Participated in BT trainings, supervision, refresher programs, and MIS training to strengthen skills and accountability.
- Engaged in peer exchanges and partner meetings, fostering cross-learning with Cohort 2 organizations.

IMPACT

- Increased psychosocial health awareness and community acceptance in rural and tribal areas.
- Shift towards a holistic, community-based psychosocial approach (Disability inclusive development)
- Strengthened team capacity and professional confidence to deliver mental health interventions.
- Locally adapted psychosocial models have ensured effective delivery in tribal villages.
- Team members reported personal mental health improvements through training and mentoring with BT.

OUR PARTNER - NATIONAL INSTITUTE OF WOMEN, CHILD AND YOUTH DEVELOPMENT

Established in 1985, the National Institute of Women, Child and Youth Development (NIWCYD) has worked across Madhya Pradesh on a wide spectrum of issues, including agriculture, education, civic engagement, human rights, rural and urban development, tribal affairs, youth empowerment, and poverty alleviation. In 2021, NIWCYD partnered with the Bapu Trust under the Program for Inclusion, marking the beginning of its journey into psychosocial health. With guidance from Bapu Trust, the organisation has integrated mental health awareness into its development themes, building collaborations with government and police while creating inclusive programs for children and communities. It has localised psychosocial models for Bhopal's peri-urban context while strengthening its own institutional capacity.

KEY ACTIVITIES

- Launched pilot psychosocial programs in Bhopal, later scaled into a full program.
- Conducted mental health activities, counselling, and awareness programs for children, including martial arts initiatives.
- Integrated the Seher Program into urban community contexts, adapting it effectively.
- Engaged in BT trainings, refresher sessions, supervision, and Training of Trainers (ToT), with NIWCYD staff co-facilitating in later stages.
- Built data management and reporting systems through MIS training.

IMPACT

- Strengthened team capacity, confidence, and expertise, with a stable core team ensuring program continuity.
- Successfully localised psychosocial models for Bhopal's peri-urban settings.
- Enhanced professional skills and accountability through training and supervision.
- Established collaborations with government departments, police, and Cohort 2 organisations, broadening reach and partnerships.
- Harnessed trainings to build collaboration with UNICEF for mental health of children, adolescents and young people.

PFI - OUR IMPACT

Activity	April 23 To March 24
Clients served	426
Outreach	105,964

Corner Meeting	1322
Poster exhibtion	683
Chalta Bolta	1060
One minute anchoring	1024
Vartaphalak	810
Gully Charcha	1105
Awarness Meeting	117
Nutrition session	1978
Self care session	3477
Support session	3311
Family session	69
children interaction	81
Focus group discussion	28
Group meeting	107
Market awareness	91
Individual meeting	7
Community meeting	155
Main Hoon na	5
Panthak (Teachers n Parents)	498
FGD	38
Door to door Contact	2234
Monthly Assembly	16

STORIES OF CHANGE

My name is **Chandrakanta Bhautekar**. At the age of 52, I stepped into a new chapter of my life. In 2018, I decided to join the Community Development Center (CDC). Before this, I had worked for nearly 15 years with an organization called Ekta Parishad, deeply engaging with issues related to water, forests, and community rights.

My work had always been focused on rights-based reforms for the community, which brought with it significant stress at both personal and collective levels. The economic ups and downs in the community further intensified this stress. I realised that focusing only on external issues would not be enough to solve the problems.



After joining CDC, in 2023 I had the opportunity to participate in a mental health program run by Bapu Trust. By taking part in this program, I attended several workshops on mental health and learned the importance of self-care activities.

I began adopting these practices not only in my personal life but also in my community. By identifying people under stress, I initiated individual counselling and self-care activities with 12 women and 5 men. Through these efforts, the people I worked with experienced significant improvement in reducing stress and leading happier lives.

I want to emphasise that when we draw upon our inner strength and use the right tools, we can not only improve our own lives but also bring positive change to society.

- Team story from Community Development Center

STORIES OF CHANGE

Niharika Pansoriya, Zonal Coordinator with Bachpan, a child rights initiative of NIWCYD, has undergone a significant journey of learning and transformation in mental health, human rights, and community healing through her work with Bapu Trust, Pune, over the past two and a half years. In her early experiences, people showing distress—through self-harm, aggression, isolation, or fear—were often seen as “mad” or “abnormal” and considered in need of treatment or institutionalization. Her perspective shifted when she realized these behaviours are not signs of madness but expressions of deep pain, requiring support from families and communities along with the individual.



Before this shift, she too focused more on problems than people, offering solutions without truly listening. Through guidance and practice, she learned to respect people’s rights and choices, seek consent before offering help, accept them without judgment, and create safe, supportive spaces. She observed how those facing mental health challenges are often isolated, financially strained, and emotionally neglected, when what they truly need is empathy and understanding. This experience deepened her belief in the importance of awareness, self-care, stress management, and healthy coping mechanisms for resilience and decision-making.

Her journey reinforced that mental health is not only an individual concern but a collective responsibility shaped by environments, relationships, and social behaviours. She believes breaking stigma, encouraging acceptance, and building awareness can replace isolation with support and compassion. For her, this transformation is both personal and professional, and she remains committed to working towards mental health awareness, human rights, and a more inclusive society. She expresses gratitude to the Bapu Trust team for their consistent mentoring and guidance.



What people need most is someone to listen to them, understand their feelings, and support them without judgment.

- Team story from NIWCYD (National Institute of Women, Child and Youth Development)

STORIES OF CHANGE

In the remote tribal area of Ganglur 25 km inside from the Bijapur block where roads have only been laid recently, lives Priti Hemla a Bijadutri volunteer dedicated to improving mental health awareness. Her motivations stem from her own experience of loneliness and the desire to see others happy.

With the simple education up to the 10th standard, Preeti's profound understanding of the local communities' needs has made her an essential figure in promoting mental health. Mrs. Sunita in Ganglur faced severe mental challenges following the death of a husband overwhelmed by loneliness. She had withdrawn from all social contacts and had ceased to manage our daily tasks effectively. Sunita's isolation had depended on the accent that she no longer left her home, continuously plugged by distressing thoughts.

Recognizing Sunita's plight, Preeti Hemla decided to intervene. During her first visit, she engages Sunita in simple conversation, a significant step for someone who had shunned all interaction. Preeti took her to the local Anganwadi Centre, gently encouraging her to open about challenges and slowly Reintegrating her into the community activities.

Over time through daily conversations and consistent support, Priti helped Sunita reconnect with her community. This re-engagement sparked a noticeable improvement in Sunita's mental focus and significantly alleviated her stress. As Sunita regained her mental strength, she found the confidence to start her own vegetable shop, marking a significant turn towards self-reliance and improving mental health.

- Client story from Chattisgarh Agricon Samiti



As Sunita regained her mental strength, she found the confidence to start her own vegetable shop, marking a significant turn towards self-reliance and improving mental health.

PARTNERS & FUNDERS



BOARD MEMBERS



Dr. Bhargavi, founder of Bapu Trust, was a pioneering advocate for rights-based mental health in India. With a Ph.D. from IIT Mumbai, she blended academic expertise with lived experience, drawing on feminist, anti-caste, and community-rooted approaches. A global voice for inclusion, she championed dignity and autonomy for people with psychosocial disabilities, leaving behind a lasting legacy in compassionate mental health care.

Ms. Sumangala Kumar, Trustee at Bapu Trust, brings over 25 years of leadership experience as Senior HR Manager in a Public Sector Bank. A Postgraduate degree in Social Work and an MBA from IGNOU, she has strengthened Bapu Trust's public presence while also serving as President-Elect of SIPME to advance gender equity and inclusion. She combines sincerity and willpower to promote mental health, social wellbeing, and a culture of inclusion.

Ms. Deepa Athani, a core member of Bapu Group, has been the backbone of its financial stewardship since the early days. With deep expertise in nonprofit finance and compliance, she has ensured transparency, accountability, and integrity in all operations. Her steady leadership continues to anchor the organization's growth and commitment to inclusive mental health and social justice.

Kavita Nair, Training Director at Bapu Foundation, is a social worker with over 20 years of experience in community-based psychosocial health. A TISS alumna & certified Arts-Based Therapy practitioner, she blends healing with social justice. She has led national and global training programs and is a core member of Transforming Communities for Inclusion-Global. Her work integrates Eastern mind traditions with rights-based, inclusive mental health practices.

FINANCIAL AUDIT REPORT

THE BOMBAY PUBLIC TRUST ACT, 1950 SCHEDULE VIII (Vide Rule 17 (1)) NAME OF THE TRUST - BAPU TRUST FOR RESEARCH ON MIND AND DISCOURSE (REG.NO. E - 2970 - PUNE) Flat no: 704, Fillicium Nyati Estate, Mohammedwadi, Pune -411060, Maharashtra, India.					
BALANCE SHEET AS AT : 31ST MARCH, 2024					
FUNDS AND LIABILITIES	AMOUNT RUPEES	AMOUNT RUPEES	PROPERTY AND ASSETS.	AMOUNT RUPEES	AMOUNT RUPEES
TRUST FUND OR CORPUS - Balance as per last balance sheet. Adjustments during the year.	1,000 -	1,000	IMMOVABLE PROPERTIES (AT COST) (Suitably classified giving mode of valuation) Additions or deductions (including those for depreciation) if any, during the year.		
OTHER EARMARKED FUNDS - (Created under the Provisions of the Trust Deed or Scheme or out of the income) Depreciation Fund Sinking Fund Reserve Fund Any other Fund	- - - -	-	INVESTMENTS : FIXED DEPOSIT WITH AXIS BANK FIXED ASSETS (Sch. IV) Balance as per last Balance Sheet Additions during the year Deletion during the year Less: Depreciation During the year	966,913 57,490 - 1,024,403 134,288	2,748,304 890,116
LOANS (SECURED OR UNSECURED) From Trustees. From Others	- -	-	LOANS Loan Scholarships Other Loans	- -	
LIABILITIES For Expenses - Statutory Payments For Library Deposit For Advance Grants received (Sch VIII)	3,800 5,500 4,159,323	4,168,623	ADVANCES / DEPOSITS Trustees BSNL Depoit Deposit for Office Advances - Vendor TDS : Opening Balance Current Year TDS (Deducted) Less: I T Refund received	1,500 245,000 1,620 1,620 21,356 17,184 -	1,500 245,000 1,620 38,540
INCOME AND EXPENDITURE ACCOUNT Balance as per last Balance Sheet. Less : Appropriation , if any Add : Surplus) as per Income and Less : deficit) Expenditure Account.	2,345,981 - 422,006	1,923,975	INCOME OUTSTANDING Rent Interest	- - -	
			CASH AND BANK BALANCE Cash in Hand (Sch VI) Bank : SB A/c Axis Bank 110010100291859 SB A/c Axis Bank 918010106500168 (APPI) SB A/c Axis Bank 110010100291866 (FC) SB A/c State Bank 40086011221 (FC)	14,612 114,877 588,269 1,410,109 40,652	14,612 2,153,907
Total Rs.		6,093,599	Total Rs.		6,093,599

AS PER OUR REPORT OF EVEN DATE.

THE ABOVE BALANCE SHEET TO THE BEST OF MY / OUR BELIEF
CONTAINS A TRUE ACCOUNT OF THE FUNDS AND LIABILITIES AND
OF THE PROPERTY AND ASSETS OF THE TRUST.

For H.Rustom & Co.
Chartered Accountants
Firm Regd No.108908W

HRD Dalal
Proprietor
Membership No. 031368
UDIN: 24031368BKGWBJ5579

Place : Ahmedabad
Date: 29/08/2024

For A S Shaikh & Co.
Chartered Accountants
Firm Regd No. 139775W

Aslam Shaikh
Proprietor
Membership No. 162345
UDIN: 24162345BKEOFI6875

Place : Pune
Date: 29/08/2024

For BAPU TRUST FOR RESEARCH ON MIND AND DISCOURSE

Sumangala Kumar
Trustee

Place :PUNE
Date: 29/08/2024



FINANCIAL AUDIT REPORT

THE BOMBAY PUBLIC TRUST ACT, 1950					
SCHEDULE VIII (Vide Rule 17 (1))					
NAME OF THE TRUST - BAPU TRUST FOR RESEARCH ON MIND AND DISCOURSE (REG.NO. E - 2970 - PUNE)					
Flat no: 704, Fillicium Nyati Estate, Mohammedwadi, Pune -411060, Maharashtra, India.					
INCOME AND EXPENDITURE ACCOUNT FOR THE PERIOD 01.04.2023 TO 31.03.2024					
EXPENDITURE	AMOUNT RUPEES	AMOUNT RUPEES	INCOME	AMOUNT RUPEES	AMOUNT RUPEES
To expenses in respect of properties		279,533	By Rent (Realised / accrued)		-
Rates, taxes, cesses	-		Building	-	
Repairs and maintenance	-		Lands		
Salaries	-				
Insurance	-				
Depreciation	-				
Other expenses (Project & Head Office Rent) (Sch XI)	279,533				
To Establishment expenses (Sch. XV)	521,721	521,721	By Interest (Realised / accrued)		
To Remuneration to Trustees (Sch. XIII)	1,202,393	1,202,393	On Loans	-	
To Remuneration to the Head of the Math (Including his household expenditure (if any))		-	On Bank FD & Investments (Sch X)	168,831	
			On Saving Bank accounts (Sch X)	55,557	
			On Saving Income Tax Refund	-	224,388
To Legal expenses		-	By Dividends		-
To Audit fees (Sch XII)	90,000	90,000	By Donations in cash or kind		31,000
To Contribution & Fees - Donation Given		-	By Grants (Sch. VIII)		9,469,186
To Amounts written off :			By Other sources		-
(A) Bad debts	-		Contribution from Members/Donations		-
(B) Loan scholarships	-		Other contribution (Sch. IX)	662,819	662,819
(C) Irrecoverable rents	-				
(D) Other items	-				
To Miscellaneous expenses		-	By Deficit carried over to Balance Sheet		422,006
To Depreciation (Sch. IV)		134,288			
To Amounts transferred to Reserves or Specific funds		-			
To Expenditure on object of the Trust (Sch. XIV)		8,581,463			
(A) Religious	-				
(B) Educational (Other)	-				
(C) Medical Relief - Mental Health sector	8,581,463				
(D) Other charitable objects					
To Surplus carried over to Balance Sheet					
		10,809,398			10,809,398

AS PER OUR REPORT OF EVEN DATE.

For H.Rustom & Co.
Chartered Accountants
Firm Rgd No.108908W

HRD Dalal
Proprietor
Membership No. 031368
UDIN: 24031368BKGWBJ579

Place : Ahmedabad
Date: 29/08/2024

For A S Shaikh & Co.
Chartered Accountants
Firm Regd No. 139775W

Aslam Shaikh
Proprietor
Membership No. 162345
UDIN: 24162345BKEOFI6875

Place : Pune
Date: 29/08/2024

For BAPU TRUST FOR RESEARCH ON MIND AND DISCOURSE

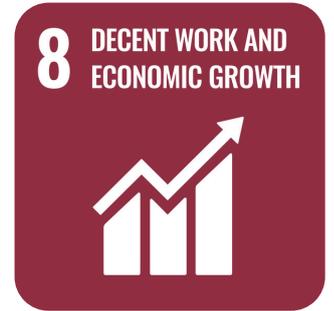
Samangala Kumar
Trustee

Place :PUNE
Date: 29/08/2024





SUSTAINABLE DEVELOPMENT GOALS



Registered Address

B1 Kaul Building, Third Floor Above Ministry of Labour Office, Off, Shankar Sheth Rd, opp. Kumar Pacific Mall, Gurunanak Nagar, Pune, Maharashtra 411042

 bt.admfin09@gmail.com  <https://baputrust.com/contact/>